



## Youth Ambassador Program

### Session 6: Reduce inequality within and between countries (part 1)

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## Inspirational Quote for the Month:



*People are often unreasonable, irrational, and self-centered.  
Forgive them anyway.*

*If you are kind, people may accuse you of selfish, ulterior motives.  
Be kind anyway.*

*If you are successful, you will win some unfaithful friends and some genuine enemies.  
Succeed anyway.*

*If you are honest and sincere people may deceive you.  
Be honest and sincere anyway.*

*What you spend years creating, others could destroy overnight.  
Create anyway.*

*If you find serenity and happiness, some may be jealous.  
Be happy anyway.*

*The good you do today, will often be forgotten.  
Do good anyway.*

*Give the best you have, and it will never be enough.  
Give your best anyway.*

*In the final analysis, it is between you and God.  
It was never between you and them anyway.  
~ Mother Teresa*

## Session Six Overview (Purpose, Payoff, and Process)



**Purpose:** The purpose of our 6th session is to gain an overview of SDG 10 that relates to **reducing inequality within and between countries**. We will explore the past (problem) and present (progress) aspect of these goals. We'll learn a powerful leadership point of view (by

moving a simple comma) that helps us to more powerfully embrace the “Tests, Allies, and Enemies” of this stage of the Hero’s Journey.

**Payoff:** The payoff is that we will become more enlightened and effective leaders as we focus on the targets and issues related to creating equality.

**Process:** This session will cover the following:

- Introduction
  - The Youth Ambassador of the month, and primary teammates
  - Read inspirational quote
- SDG 10 Targets
- Inquiry into SDG 10 with regard to the:
  - Past (problem)
  - Present (progress)
- Explanation and discussion of Hero’s Journey Stage 6: Tests, Allies, & Enemies
- Sharing Leadership modality: I Am That, I Am
- Action Plan/Homework
- Resources

## Statistics related to SDG 10:

SDG 10. Reduce inequality within and among countries.



- 62 million people need humanitarian help worldwide.
- 3 million poor in Africa and South Asia have access to mobile phone numbers.
- Official development assistance stood at \$134.8 billion in 2013, the highest level ever recorded.
- 80 per cent of imports from developing countries enter developed countries duty- free.
- The debt burden on developing countries remains stable at about 3 per cent of export revenue.
- The number of Internet users in Africa almost doubled in the past four years.
- 30 per cent of the world's youth are digital natives, active online for at least five years.

## SDG 10 Targets:

### SDG 10. Reduce inequality within and among countries.



10.1 By 2030 progressively achieve and sustain income growth of the bottom 40% of the population at a rate higher than the national average.

10.2 By 2030 empower and promote the social, economic and political inclusion of all irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status.

10.3 Ensure equal opportunity and reduce inequalities of outcome, including through eliminating discriminatory laws, policies and practices and promoting appropriate legislation, policies and actions in this regard.

10.4 Adopt policies especially fiscal, wage, and social protection policies and progressively achieve greater equality.

10.5 Improve regulation and monitoring of global financial markets and institutions and strengthen implementation of such regulations.

10.6 Ensure enhanced representation and voice of developing countries in decision making in global international economic and financial institutions in order to deliver more effective, credible, accountable and legitimate institutions.

10.7 Facilitate orderly, safe, regular and responsible migration and mobility of people, including through implementation of planned and well-managed migration policies.

10.a Implement the principle of special and differential treatment for developing countries, in particular least developed countries, in accordance with WTO agreements.

10.b Encourage ODA and financial flows, including foreign direct investment, to states where the need is greatest, in particular LDCs, African countries, SIDS, and LLDCs, in accordance with their national plans and programs.

10.c By 2030, reduce to less than 3% the transaction costs of migrant remittances and eliminate remittance corridors with costs higher than 5%.

## Inquiry into This Month's SDG: Reduce inequality within and between countries



The following are questions to research and present during our live session. For those following along, these are the questions for the students to answer for their written and oral reports:

**Part 1: The Past** (aka the Problem) **Describe the history of inequality within and between countries.**

**Report on the background of this issue that includes:**

- What is the **history** (background)?
- What are the **factors** that contribute to this issue?
- What are the **geographic region(s)** most affected?
- What are your **personal thoughts**, feelings, and/or experiences with this issue?

**Part 2: The Present** (aka the Progress)

**Describe what is currently being done to create equality within and between countries?**

**Report about who is making the greatest strides toward this goal that includes:**

- Who are the **individuals or organizations** contributing the most to this goal?
- What **work** are they doing that has made the biggest impact?
- What **geographic region(s)** are the most affected by their philanthropy, innovation, or support?
- What are some of the **statistics** that show the difference they are making?
- What about their work **inspires** you?

**What do YOU think it would take to resolve this issue?**

## SDG Heroes: The Green Children



Marlow Bevan and Milla Sunde are “The Green Children” pop duo. They shot a music video in [Bangladesh](#) to celebrate the work of Professor [Muhammad Yunus](#), the father of microcredit and founder of [Grameen Bank](#).

Through sales and donations from around the world they raise \$400,000 for one of the first eye hospitals in rural Bangladesh. The hospital was opened on May 12<sup>th</sup>, 2008 by The Green Children and Professor Muhammad Yunus, the 2006 Nobel Peace Prize winner. Yunus initiated this project with Grameen to save the sight of many of his countrymen and women.

The Green Children met whilst studying at the Liverpool Institute of Performing Arts and signed a major U.S. recording contract with Universal Music Group in 2008.

Their website is:

<http://www.thegreenchildren.org>





## Must See Videos



### ➤ The Moses Code

<http://www.gaiamtv.com/video/moses-code>

From the beginning, humanity has yearned to understand itself and its relationship with its creator.

Thirty-five hundred years ago, God gave Moses a code for unlocking the power of manifestation. Contained within the name given to Moses at the burning bush, "I Am That I Am," this code has produced some of the most amazing miracles in history.

In this documentary, James Twyman shows how anyone can use the Moses Code, unlocking hidden potential within every individual and humanity itself. Leading teachers and bestselling authors such as Neale Donald Walsch, Rev. Michael Beckwith, Debbie Ford, and Cheryl Richardson lend their voices to this amazing discussion.

### ➤ Green Children, "Here Me Now"

<https://www.youtube.com/watch?v=zN3e7qdQaxY> Filmed entirely in rural villages of Bangladesh, this video features women borrowers of 'Grameen Bank', known as 'the bank for the poor'. See how small loans have changed their lives for the better. The video also features 2006 Nobel Peace Prize winner Prof. Muhammad Yunus. Connect with us:

<http://www.facebook.com/thegreenchildren>

### ➤ I Am the Son of a Terrorist. Here's how I chose peace.

[http://www.ted.com/talks/zak\\_ebrahim\\_i\\_am\\_the\\_son\\_of\\_a\\_terrorist\\_here\\_s\\_how\\_i\\_chose\\_peace?language=en](http://www.ted.com/talks/zak_ebrahim_i_am_the_son_of_a_terrorist_here_s_how_i_chose_peace?language=en)

If you're raised on dogma and hate, can you choose a different path? Zak Ebrahim was just seven years old when his father helped plan the 1993 World Trade Center bombing. His story is shocking, powerful and, ultimately, inspiring.

## Hero's Journey Stage 6: Tests, Allies & Enemies & How it relates to the Youth Ambassador Program:



It could be said that the underlying purpose of the challenges in our lives is to facilitate us in regaining our power and help us grow into the enlightened, awakened version of ourselves. If this is true then the optimum environment for growth is a perfect storm comprised of challenges, rest, and opportunities to demonstrate our new us with that perfect storm.

The ordinary person looks upon his “enemies” (people, situations, corporations that challenge him) and feels either victimized or infuriated.

The hero looks at an enemy as if it were an enema—a bit, shall we say, uncomfortable, and yet helpful in that it facilitates a flushing away of stuck energy that may be “clogging up” our lives that we may have been unaware of or resistant to release.

We could look at our “enemy/enema” as a spiritual/psychological Roto-Rooter helping us to get into the flow of affluence within our natural state of well-being.

Reverend Michael Beckwith says, *“Pain pushes until inspiration pulls.”*

What if the scary, sinister, hideous “enemies” are actually, allies in disguise! What if they have been carefully cast to press our buttons, scare us straight, or test our mettle, so that we can find and access the core of our inner strength?

The better we get at working with this energy and these situations, the quicker we are able to transform our enemies into allies.

Speaking of allies...we need our allies just like we need friends, someone to share our vulnerability with, people to support us, to balance things out, to reassure us, and regenerate our confidence to take on the day. A true hero never thinks he/she must do everything alone.

A true hero knows how to empower others, and receive the nurturing/empowerment from them when he/she needs it.

**Consider this:**

- We have the right amount of friction and comfort.
- The optimum environment to become the most powerful leader possible is one in which Too much friction makes us weak.
- Too much comfort makes us apathetic.
- *“Keep your friends close and your enemies closer.”*

**Contemplate the following questions:**

- Who are your obvious allies?
- Who are the most supportive people in your life?
- How can you make better use (take advantage—in a good way) of the support around you?
- Who challenges you the most?
- What’s your relationship like to the “tests” life offers you?
- What might change in your life if you embraced your “tests” and “enemies” from a more empowered perspective (i.e. they are here to make you a stronger, more powerful version of yourself)?

## Leadership Modality: I Am That, I Am



Carl Jung, the late, great father of psychotherapy suggested that if we want to “individuate” (transform into a state of wholeness, sovereignty, and personal power) we would be wise to interpret the people and situations in our dreams (and our waking reality) from this perspective:

*Everyone and everything is an aspect of ourselves.*

When we see everything and everyone as an aspect of ourselves, we are less apt to judge, push away, and resist...and more apt to embrace, integrate, respect, and allow...and thus have a greater degree of lucidity and influence in any situation.

Consider that the people you are seeking to help, the institutions and tyrants that seem to pose a threat, as well as the inspirational heroes you admire...are all aspects of YOU! This is not to say that you are 100% that which you see...but if you are an infinite being—that’s pretty big—you contain everything within you.

Try these mantras on for size:

- “*But for the grace of God, there go I.*”
- “*Spot it, you got it.*”
- “*If I walked twenty miles in their moccasins I might be just like them.*”

## Action Plan/Homework



Look around your world and do as James Twyman’s movie, “The Moses Code” suggests, and perceive life from “*I am that, I am*”. Consider that everyone and everything you see is a glimpse into the looking glass at yourself. Notice how this point of view makes you feel.

- **Vlog** (video blog) your experience with the program. Upload a minimum of one post per week to our **Facebook** group (<https://www.facebook.com/Chime-In-The-Change-Is-Me-International-757333957689198/>)
- and our **YouTube** channel (<https://www.youtube.com/channel/UChCYgkseWkm9nzJ10DceYPw>)
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### In your vlog you might share...

- Why the “*I am that, I am*” point of view might make you a more effective leader? Or how this perspective might help you turn your “enemies” into “allies”?
- Your challenges, ahas, breakdowns, breakthroughs with your project
- How you are inspired by The Green Children and James Twyman
- Someone inspiring from your group (and what they did)
- A noteworthy experience from the community you are serving

### Alternative posts:

- Photos
- Blogs
- Relevant links
- Commenting on other Ambassadors’ posts

○ *Remember, you are sharing your story with the world. Your engagement encourages others to get involved.*

### Resource section:

- Watch the videos
- Scan the websites
- Read the books

CHIME IN Youth Ambassador Program-Session 6-Created by Kelly Sullivan Walden

## Resources:

### Books:

- **The Art of War**  
By Sun Tzu  
<http://tinyurl.com/mjpfhny>
- **The End of Poverty**  
By Jeffrey D. Sachs

<http://tinyurl.com/kak4o57> **Websites:**

- **James Twyman**  
<http://www.jamestwyman.com/>
- **Muhammad Yunus Center**  
<http://www.muhammadyunus.org/>
- **Green Children:**

<http://www.thegreenchildren.org/> **Videos:**

- **Green Children: Hear Me Now**

<https://www.youtube.com/watch?v=zN3e7qdQaxY&list=PLA50BB5885A4FD566>

- **I Am the Son of a Terrorist. Here's how I chose peace.**  
[http://www.ted.com/talks/zak\\_brahim\\_i\\_am\\_the\\_son\\_of\\_a\\_terrorist\\_here\\_s\\_how\\_i\\_chose\\_peace?language=en](http://www.ted.com/talks/zak_brahim_i_am_the_son_of_a_terrorist_here_s_how_i_chose_peace?language=en)
- **How Can I Help the World? (Mooji)**  
<http://www.youtube.com/watch?v=CV6avInO8Fk&sns=en>
- **The Moses Code**  
<http://www.gaiamtv.com/video/moses-code>
- **Gina Rene –Be the Change** <https://www.youtube.com/watch?v=TaQoziLvx6Q>



