

Chime In Youth Ambassador Call 10.28.15

Kelly led off the call by having Simran read the core values of the group.

Christa from the Connected Leadership Program came on the line. She's been working with the members on coaching them on how to develop into more powerful and effective leaders. She talked about what Kevin Walsh presented about the program to a conference in Barcelona. Their intent was to cultivate world peace by coaching the youth ambassadors in their leadership abilities. They were hoping for increased leadership abilities, vision and self confidence. She said they met their goal as a team but also saw great transformation in the individuals they were coaching. They saw them becoming connected leaders, which they found very exciting.

They started with 10-12 youth ambassadors. Nine participated in the international leadership conference. Each had an online session to learn about the model. After they took an assessment they chose a leadership style that they found had the most value for them. They were then coached in that leadership style. Most of the sessions over a 10-week period were through Skype though there was one who had face to face coaching. Everyone felt they got benefits from this coaching and are now using these leadership models on a day to day basis. They understood what they were doing and why they were doing it. They were all given assessments both before and after the coaching and there was an 24.3% increase in their performances after the coaching. They also increased in 9.4% in coaching styles they weren't directly coached on.

Christa said the international leadership conference was in awe of these youth leaders and they were excited to see the interest and passion in this ambassadors in being world leaders.

Simran said she was coached by Christa and she felt it was an amazing experience. Once she understood the model she felt she could relate to it and felt herself growing and developing. She studied the intrinsic and vicarious leadership models. Intrinsic is to be self-motivated and set realistic goals and not feel disheartened if those goals are not met right away. She learned how to balance herself. Vicarious is to be happy for people around you and for your own achievements and to learn how to be happy for others when they succeed, whether you get the just recognition for your part in their success or not.

Christa said she challenged Simran on how she would use each leadership style. She said Simran was very good at figuring out when to use each particular style in specific situations. Christa said she would love to work with the group in the future as she found it an amazing experience for herself.

Kelly asked everyone to go to the website and click on the session 10 curriculum, which is about environmental sustainability. She reminded everyone of this resource, which goes into the UN

Sustainable Goals in more detail. She also wanted to share the videos of the TED talk by Rachel Botsman on how we can all live more sustainable lives and *The Story of Stuff*.

Simran gave an update on her projects. She just shot a movie about youth energy with a group of friends that focused on sustainable goals and what all of them are doing to achieve those goals. She is also doing a walk-athon and had a fundraiser at her school. She is also up for a major award next month.

Jeetan raised over \$5000 in his latest fundraiser for Nepal. He said that Nepal just elected its first woman president and hopes that bodes well for the country's future. He's working in his local community to create partnerships between schools in Vermont and in Nepal. He's also hoping to introduce the idea of sustainable goals in these relationships. He's also planning on another trip to Nepal early next year.

Kelly gave an update on the fundraising efforts. The crowdfunding site has raised \$5175. There have been several budgets depending on the amount of total funds raised. So far there is enough to build 4 houses and the fundraising efforts are being turned toward raising funds for airfare to Guatemala so more youth ambassadors could be there. She urged everyone to help out in this effort. She also suggested everyone get their tickets by November 15th for the best airfares.

Kelly also reminded everyone that whatever happens with this trip or anything else that's going on, everyone in this group is already a success, just as you always have been and always will be.